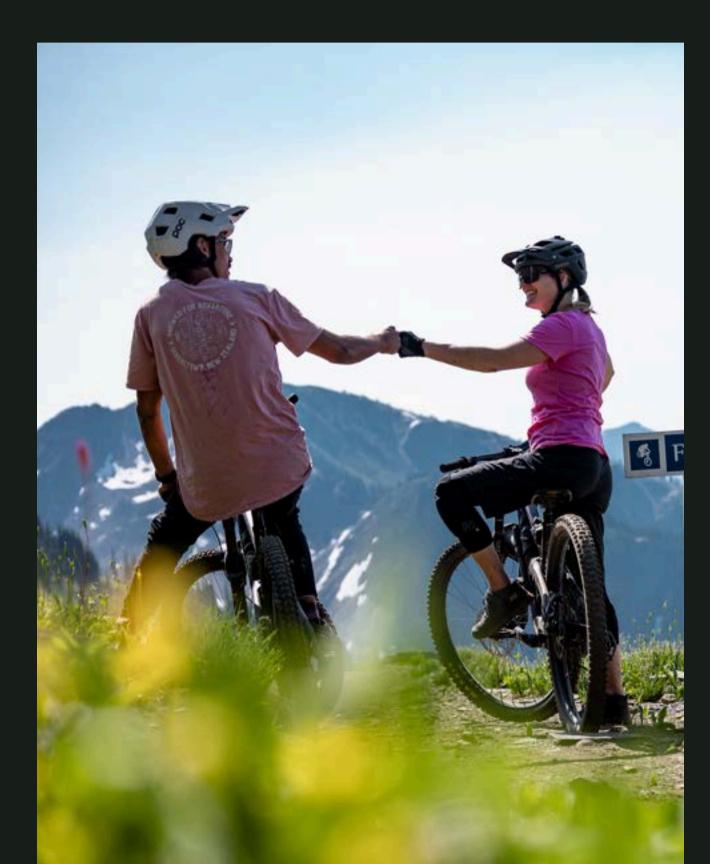


BIKE PARK ORIENTATION GUIDE



GETTING STARTED



Welcome to the Revelstoke Mountain Resort Bike Park -home to high-alpine flow, steep tech, and big mountain terrain, all lift-accessed and ready to ride. With a growing network of trails designed for every skill level, our park delivers everything from smooth rollers to rooty descents and rock slabs. Whether you're just getting into gravity riding or chasing that next line, you'll find the ride here.

WARMING UP

Even the best riders can go down on lap one. Take your first run slow and get a feel for the trail, your bike, and the day's conditions. Repeating a trail helps build confidence and control so you can send it safely. Remember the golden rule: Pre-Ride, Re-Ride, Free-Ride -a smart approach for riders of all ages and skill levels.





KNOW BEFORE YOU GO

All riders should pre-ride trails, as difficulty ratings vary by bike park and may be harder than those at other resorts.



PRE-RIDE

Wake up the brain and body. Inspect the trail at low speed.

RE-RIDE

Lap the trail a few times to get the flow of Start small and work your way up to faster speeds and larger features. the features.





FREE-RIDE

BIKE LESSONS & PROGRAMS

THE MOUNTAIN SPORTS SCHOOL 250.814.5060 sschool@revelstokemountainresort.com

DISCOVERY LESSON

Get started in the exciting world of mountain biking with guidance from experienced instructors. You'll learn the basics—bike setup, body positioning, braking, and cornering —while building confidence and skills at your own pace on a variety of terrain.

PROGRESSION LESSON

Our comprehensive program helps young riders build confidence and sharpen their skills—from mastering beginner trails to taking on advanced terrain. With expert guidance and personalized instruction, they'll progress in a fun, supportive environment that brings out their full potential.

PRIVATE LESSON

Get one-on-one coaching tailored to your mountain biking goals. Whether you're building a solid foundation or refining advanced skills, our certified instructors will assess your level and create a custom lesson to target your specific needs, so you can progress at your own pace and focus on what matters most.



LADIES CLINICS

Designed for female riders of all levels, this program builds skills, boosts confidence, and fosters community. Led by experienced female instructors, sessions cover everything from bike setup and body positioning to jumps, drops, and technical terrain—all in a fun, supportive environment.

FREERIDE TRAILS JUMPING SKILLS ARE REQUIRED



EASIEST TRAILS

- Machine-cut wide surfaces with gentle corners and rolling terrain.
- Designed for new Bike Park riders.



INTERMEDIATE

- Wide surfaces on steeper terrain, including larger corners, rollers, and small jumps.
- Raised features like bridges and wallrides require jumping skills and speed.
- Suited for riders who have mastered all beginner Freeride trails.



ADVANCED

- Mix of smooth and rough riding surfaces on steep and fast grades.
- Larger man-made features, including jumps, raised bridges, and steep wallrides.
- Advanced jumping skills required.
- Suited for riders who have mastered all intermediate Freeride trails.



EXPERT ONLY

- Trails with steep terrain, very fast speeds, which require expert jumping skills.
- Mandatory jump features that require knowledge of gaps and landings.
- Suited for the most advanced riders only.



PROLINE

- Largest gaps and mandatory jump features.
- Expert jumping skills required.
- Suited for professional riders only.



TECHNICAL TRAILS JUMPING SKILLS MAY BE REQUIRED



EASIEST TRAILS

- Rougher singletrack trails with small rocks and tree roots.
- Designed for new Bike Park riders comfortable with beginner Freeride trails



INTERMEDIATE

- Rougher terrain with tighter corners and steeper slopes.
- Larger natural obstacles, including roots and rocks.
- Suited for riders who have mastered all beginner Technical trails.



ADVANCED

- Steep grades with large technical features, including rocks, roots and drops.
- Technical handling through tight trees and rough sections.
- Suited for riders who have mastered all intermediate Technical trails.



EXPERT ONLY

- Steepest grades with the most technical features.
- Warming up on intermediate and advanced trails is encouraged.
- Suited for the most advanced riders only.



PROLINE

- Most difficult technical terrain on the mountain mixed with Freeride features.
- Proficient handling of all bike skills required.
- Suited for professional riders only.



KNOW WHAT YOU'RE RIDING

Building confidence on the trails starts with choosing the right lines—and knowing your ability. Our Mountain Sports School instructors are here to help you find your flow, build skills, and progress with confidence. Not sure where to begin? Our Trail Progression Chart, found on any Bike Park map, outlines recommended routes to help you level up gradually by linking trails and features designed to match your ability. Whether you're taking a lesson or exploring on your own, there's a smart way to ride Revelstoke.



NEW RIDERS

Start by taking the Revelation Gondola to the mid-station and riding 'Salad Fingers' back down to the village. Repeat as needed until you're fully comfortable with both your bike and the trail.

STICK TO THE LOWER MOUNTAIN UNTIL YOU'RE CONFIDENT RIDING THE FOLLOWING TRAILS.



SALAD FINGERS



EXPERIENCED RIDERS

Everyone needs a warm-up—Lower Mountain is the perfect place to dial in your bike and body. Once you're ready, take the upper gondola to Guilt Trip, then follow Fifty Six Twenty – Mid to mid-mountain. From there, hit Salad Fingers, continue down Fifty Six Twenty – Lower, or lap back up via mid-station.



GEAR UP For adventure

Don't let weather, obstacles, or crashes cut your day short. Stay protected with gear designed specifically for downhill mountain biking—from helmets to full-body armor. A helmet is mandatory for all riders, and additional protective equipment is required for beginners.

All protective gear is available to rent at The Rental Shop or to purchase at Critical Parts located at the base of the resort.

CRITICAL PARTS

HELMET (MANDATORY)

Helmets are required in the Bike Park. Full-face helmets are strongly recommended for added protection.

GOGGLES

Wrap-around goggles offer the best protection from dirt, branches, and trail debris.

NECK BRACE (NOT SHOWN)

A neck brace helps protect your spine and neck in a crash or fall.

BODY ARMOUR

Upper body armour shields your torso and limbs to reduce impact in a crash.

LONG SLEEVES

Long-sleeved shirts and pants add a thin but crucial barrier against skin abrasions.

ELBOW PADS

Hard-shell elbow pads protect one of the most sensitive parts of your arm.

GLOVES Full-finger gloves improve grip and protect from blisters and weather.

KNEE PADS

Protect your knees or shins from impact with hard-shell pads or guards.

CLOSED-TOE SHOES

Shoes with a durable toe box prevent injuries if your feet get jammed on a rock or roots.



CHOOSE YOUR BIKE

No bike? No problem. Riding the Revelstoke Mountain Resort Bike Park calls for a setup built for gravity. Our rental shop, conveniently located at the base of the resort, offers top-of-the-line downhill bikes—tuned and ready for the terrain. Stop in to get properly fitted with the right bike and protective gear. All bikes must have functioning front and rear brakes. Rentals are available by the hour, day, or week.





DOWNHILL

Downhill bikes are built for all rider levels and are perfect for handling the technical, steep terrain of the Bike Park. Designed for descents—not climbs—they're the best choice for anyone riding here.

ALL-MOUNTAIN

All-mountain bikes are full-suspension and built for both climbing and descending, making them suitable for beginner to intermediate terrain. Note: Uphill Riding is only allowed on designated climb trails (Big Easy Climb, Stoke Climb).



CROSS-COUNTRY

Cross-country bikes have less suspension, making them ideal for long climbs and pedaling. Hardtails are best suited for cross-country trails.

CROSS-COUNTRY BIKES ARE NOT RECOMMENDED IN THE BIKE PARK.

MTN BIKE CHECKLIST

Mountain Bike Parks/Trails are rough and demanding on both the bike and body. Before riding, always inspect your equipment or have it checked by a qualified bike mechanic.

HELMETS ARE MANDATORY ON ALL TRAILS WITHIN BIKE PARKS. FULL-FACE HELMETS ARE STRONGLY RECOMMENDED FOR ALL DOWNHILL TRAILS.

- 1. Ensure your helmet is undamaged, fits securely and is appropriate for the riding you are participating in.
- 2. Ensure bike is correct for intended use and correctly fitted to the rider.
- 3. Inspect bike frame. Look for cracks, damage/dents.
- 4. Ensure front and rear brakes are in working order and provide adequate stopping power while descending.
- 5. Ensure suspension is in working order and set for your weight and riding ability.
- 6. Bolts and connection points must be tight and secure.
- 7. Tires must have adequate tread and be inflated to an appropriate pressure.
- 8. Handlebars and grips must be properly secured.
- 9. Seat and seat post must be fastened securely and at the appropriate height for the type of riding.

IF YOU ARE UNSURE HOW TO PERFORM ANY OF THE INSPECTIONS ABOVE, SEE A QUALIFIED BIKE MECHANIC.



THE MOUNTAIN

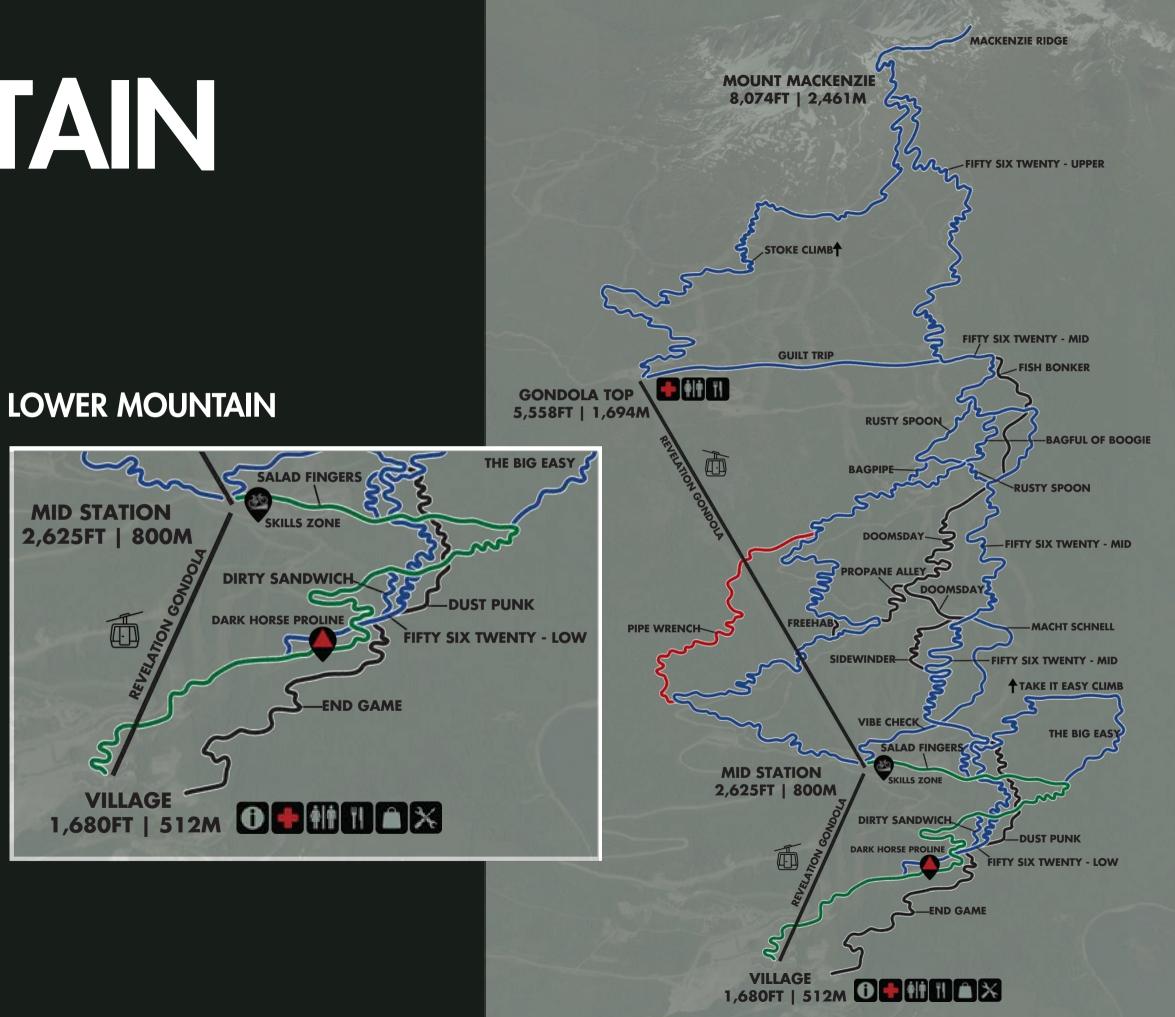
LOWER MOUNTAIN

Lower Gondola: 5 minutes. Lower Mountain Lap: est 10-30 minutes.

UPPER MOUNTAIN

Upper Gondola: 10 mintues. Upper Mountain Lap: est 30-60 minutes.

TAKE THE TIME TO GET TO KNOW THE TRAILS AND BUILD YOUR SKILLS BY WORKING YOUR WAY THROUGH THE TRAIL PROGRESSION CHART.



MOUNTAIN BIKER'S RESPONSIBILITY CODE

BE AWARE 🗞 RIDE WITH CARE

MOUNTAIN BIKING INVOLVES THE RISK OF SERIOUS INJURY OR DEATH. KNOWLEDGE AND CAUTION CAN REDUCE THE RISK. FOR YOUR SAFETY AND THE SAFETY OF OTHERS, PLEASE ADHERE TO THE CODE.

- 1. RIDE IN CONTROL AND WITHIN YOUR ABILITY LEVEL. You must be able to stop and avoid other people or objects. You must understand bike park signage, trail ratings and trail progression. Start slow and small. Ride trails and features matching your ability.
- 2. PROTECT YOURSELF. Helmets are mandatory in Bike Parks and strongly recommended on all other trails. Other protective equipment is strongly recommended.
- 3. DO NOT RIDE if your ability or judgement is impaired by drugs, alcohol or fatigue.
- 4. INSPECT AND MAINTAIN YOUR BIKE or have it checked by a qualified bike mechanic before you ride.
- 5. OBEY SIGNS AND WARNINGS. Stay on marked trails. Do not cut switchbacks and keep off of closed areas.

- and throughout the day.
- surface lifts if unsure.
- visible from above.
- member or local authority.

KNOW AND FOLLOW THE CODE - BE SAFETY CONSCIOUS. IT IS YOUR RESPONSIBILITY! PARK PRIVILEGES MAY BE REVOKED FOR BREACH OF THIS CODE.

MAKE YOURSELF AWARE OF THE AREA'S SPECIFIC REGULATIONS

6. INSPECT TRAILS AND FEATURES. Conditions change constantly on trails and features. Inspect features before use

7. BE LIFT SMART. Make sure you have the physical dexterity, ability and knowledge to safely load, ride and unload lifts when riding at lift access resorts. Ask for assistance with chairlifts and

8. LOOK OUT FOR OTHERS. Avoid riders ahead of you. They have the right of way. Yield to other riders when entering a trail.

9. BE VISIBLE. Do not stop where you obstruct a trail or are not

10. COOPERATE. If you are involved in or witness a collision or accident, you must identity yourself to the Bike Patrol, staff

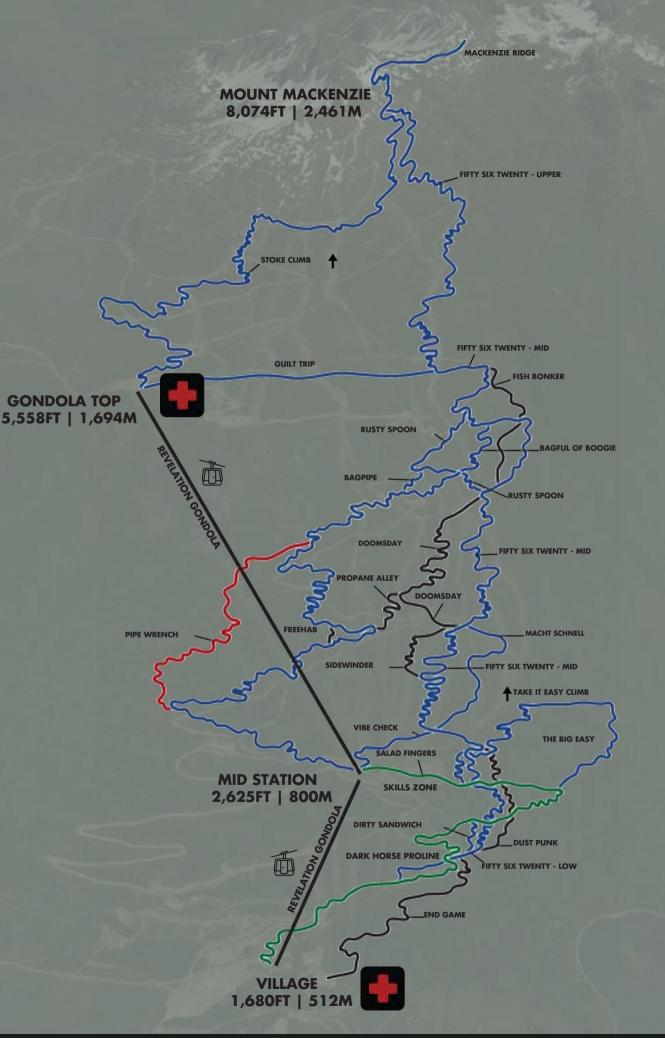
EMERGENCIES & FRST AID 250.814.5055

Accidents can happen when you least expect them—make sure you're prepared. If you need first aid in the Bike Park, call Patrol and share your location. If you're able, move to the side of the trail to stay clear of other riders.

TOP OF REVELATION GONDOLA Behind the Mountain Sports School Building.

BASE OF THE RESORT At the entrance to parking lot 5 (lower lots)

IF YOU NEED ASSISTANCE, ASK ONE OF OUR MANY STAFF MEMBERS ON THE RESORT, OR ASK A LIFTIE TO CALL PATROL.



RIDE SMART, SHRED HARD

