

THE BANK HEIST

TIME TRIAL PRESENTED BY ARC'TERYX

ATHLETES HANDBOOK, 2022



REVELSTOKE
MOUNTAIN RESORT





Registration

Register here: The Bank Heist Time Trial presented by ARC'TERYX | Zone4 Online Registration

Registration for this event is online only. There will be NO day of registration.

Sign up early. This race will be capped at 100 people.

Registration fees: \$15.00 + processing fee

Registration closes at 4:00 pm on September 2nd.

All proceeds donated to Revelstoke's Youth Access Fund.



Course Information

Racers will head up **3.72 kilometres** of steep, rocky terrain weaving in and out of boulder fields and sub-alpine forest from mid-station to the top of the Revelation Gondola.

Elevation gain: 879m

Average grade: 23.0%

• Click [here](#) to view the course map on Strava.



Athlete Check-In

Check-in will be on Friday from 5:00-9:00 pm, in the Rockford Plaza.

For out-of-towners unable to make it, last-minute check-in will be on Saturday from 8:00-9:00 am, across from Guest Services.

You will receive your race package & sign waivers.



Race Package

- Gondola sightseeing ticket for the day
- Race bib
- Zone 4 chip
- Swag
- Drink ticket for The Mackenzie Outpost

Please note: You must go into Guest Services to redeem your sightseeing ticket. Please allow extra time to validate the ticket before the event.

Guest Service Hours of Operation: 7:45 am - 7:00 pm



Start Time

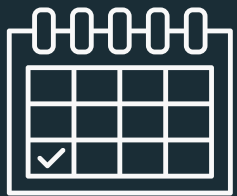
Racing starts at **10:00 am**. Racers will be started one at a time in 30-second intervals.



Awards

Race results and prizes will be awarded at 1 pm at the Mackenzie Outpost.

Custom trophies will be awarded to the top three scoring athletes in each category, plus awesome prizing courtesy of ARC'TERYX.



Schedule

Friday, Sept 2

- 5:00–9:00 pm – Athlete check-in @ The Rockford Plaza

Saturday, Sept. 3

- 8:00-9:00 am – Last-minute athlete check-In @ The Village Base
- 9:00 am – Gondola upload
- 10:00 am – First racer on the course. Racers will be started in 30-second intervals.
- 12:00 pm – All racers on the course.
- 1:00 pm – Drinks and awards at The Mac Outpost

Note: There will be NO access to the Revelation Lodge past 12:00 pm.



Categories

M 15-18, F 15-18, M 19 – 39, F 19 – 39, M 40+, F 40+.

Note: Categories are subject to change based on registration numbers.



Rules

The organizer reserves the right to penalize or disqualify participants when one of the following applies:

- Violating rules and regulations of the event
- Unfair or unsportsmanlike conduct
- Disrespecting race personnel, volunteers, officials, or other trail users, etc.
- Any disregard for the environment (littering, cutting switchbacks, etc.)

Littering of any kind is prohibited. This includes cups, gel and electrolyte drink mix wrappers and applies to the racecourse, as well as roads, resort, and staging locations.

Short-cutting of trails is prohibited. You must always stay on the primary trail tread of the marked route, as described on the map.



Safety

These rules primarily serve to ensure the runners' safety. Violating these rules can also lead to subsequent time penalty and/or disqualification from the race.

- Slower participants are required to make way for faster runners. Faster runners must give slower runners a reasonable opportunity to pull off the trail before passing.
- Course Hazards are often not marked. Run in control and be prepared for possible course hazards.
- For the safety of racers and crew, headphones, and music are not permitted.



Aid Stations

The race will have **2 aid stations** around tower 17 and then at the finish line.

Aid stations will be stocked with water, electrolytes, and snacks.

Note: This is a cupless event. Please bring your own drinking vessel.

Patrol can be reached by calling: 250 814 5055



Contact

Please direct all inquiries to the event organizer, Kate Roberts.

kroberts@revelstokemountainresort.com



Sponsor

A special thanks to ARC'TERYX for making this race possible!

All registration fees collected from this race are being matched by Revelstoke Mountain Resort and donated to the Youth Access Fund.

Revelstoke's Youth Access Fund, (YA Fund) was established in 2014 to ensure all youth have equal opportunity to participate in sports, recreation, arts and cultural programs, events, and activities. The YA Fund is designed to help remove financial barriers, (including registration fees, equipment, transportation, and other costs associated with participation), for youth from low- and modest-income families to participate in activities that they would otherwise not be able to do.



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